

Ruthie Davis, MA, CCLS

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EDUCATION

- **Bachelor of Science, Child and Family Studies**, Baylor University, Waco, TX
 - Spring 2003 graduate, Dean's List: 2001-2003
 - Welcome Week Steering Committee: 2002
 - Family & Consumer Sciences Ambassador: 2002-2003
 - Tri Delta Vice President: 2001-2002, President: 2002-2003
 - Homecoming Court: 2002
 - Completed Child Life Practicum, Scott & White Hospital, Temple, TX
 - Completed Child Life Internship, Scott & White Hospital, Temple, TX
- **Master of Arts, Community Counseling**, University of Mary Hardin-Baylor, Belton, TX
 - August 2006 graduate
 - GPA: 4.0/4.0
 - Completed Play Therapy Seminar, May 2005

SKILLS AND CAPABILITIES

- Teaching and instructing
- Presenting to audiences of all sizes
- Engaging students in application-based learning
- Guiding, mentoring, and supervising
- Developing curriculum and instructional content
- Leading and managing
- Recruiting, on-boarding, and training
- Working on a psychosocial care team involving various disciplines
- Supporting families' psychosocial needs in the healthcare setting
- Implementing strategies to improve the child's healthcare experience
- Providing quality child life services to a wide range of conditions, including acute and chronic care populations

ACHIEVEMENTS

- Selected as Robbins College *Pure Gold* award recipient for excellence in teaching, January 2023
- Secured grant funding for construction of Teen Lounge, Baylor Scott & White McLane Children's, Temple, TX
- Supervised first ever "Teen Advisory Board" at BSW McLane Children's
- Initiated process and training of staff to secure the first Facility Dog to work within the BSW healthcare system, McLane Children's
- Voted #4 best overall presentation at 2015 National Child Life Conference
- Certified Trauma Specialist training through National Child Traumatic Stress Network, Feb. 2009
- Denver II Developmental Assessment Tool, Certified, 2007-2014
- Achieved CCLS certification, May 2004

TEACHING EXPERIENCES – BAYLOR UNIVERSITY

2012-Fall

- Guest Educator, CFS 3362: Child Life Theory & Practice

2013-Fall

- Guest Educator, CFS 3362: Child Life Theory & Practice

2014-Fall

- Instructor, CFS 3362: Child Life Theory & Practice

2015-Fall

- Instructor, CFS 3362: Child Life Theory & Practice

2016-Fall

- Instructor, CFS 3362: Child Life Theory & Practice
- Instructor, CFS 3324: Children and Families with Special Needs

2017-Spring

- Instructor, CFS 3325: Child Health Programs
- Instructor, CFS 3324: Children and Families with Special Needs

2017-Fall

- Instructor, CFS 3362: Child Life Theory & Practice

2018-Fall

- Instructor, CFS 3362: Child Life Theory & Practice

2019-Spring

- Instructor, CFS 2355: Child Development (2 sections)
- Instructor, CFS 4359: Parenting (2 sections)

2019-Summer

- Instructor, CFS 4390: Practicum in Child & Family Studies

2019-Fall

- Instructor, CFS 2355: Child Development
- Instructor, CFS 3362: Child Life Theory & Practice
- Instructor, CFS 1315: Development of Individual & Family Relationships (2 sections)

2020-Spring

- Instructor, CFS 4363: Adolescent Development
- Instructor, CFS 2355: Child Development
- Instructor, CFS 1315: Development of Individual & Family Relationships
- Instructor, CFS 4359: Parenting

2020-Summer

- Instructor, CFS 4390: Practicum in Child & Family Studies (2 sections)

2020-Fall

- Instructor, CFS 3362: Child Life Theory & Practice
- Instructor, CFS 1315: Development of Individual & Family Relationships (3 sections)
- Instructor, CFS 3357: The Preschool Child
- Instructor, (Assumed responsibility for) CFS 4359: Parenting, Nov. 2020

2021-Spring

- Instructor, CFS 4363: Adolescent Development
- Instructor, CFS 1315: Development of Individual & Family Relationships (2 sections)
- Instructor, CFS 3357: The Preschool Child

2021-Summer

- Instructor, CFS 4390: Practicum in Child & Family Studies (2 sections)

2021-Fall

- Instructor, CFS 3362: Child Life Theory & Practice
- Instructor, CFS 1315: Development of Individual & Family Relationships (2 sections)
- Instructor, CFS 3357: The Preschool Child

2022-Spring

- Instructor, CFS 1315: Development of Individual & Family Relationships (2 sections)
- Instructor, CFS 3357: The Preschool Child
- Instructor, HSD 4V93: Psychosocial Approaches with Hospitalized Children

2022-Summer

- Instructor, CFS 4390: Practicum in Child & Family Studies
- Instructor, CFS 1315: Development of Individual & Family Relationships

2022-Fall

- Instructor, CFS 3362: Child Life Theory & Practice
- Instructor, CFS 1315: Development of Individual & Family Relationships (2 sections)
- Instructor, CFS 3357: The Preschool Child

2023-Spring

- Instructor, CFS 1315: Development of Individual & Family Relationships
- Instructor, CFS 3368: Theory & Principles of Play (*formerly The Preschool Child*)
- Instructor, HSD 4V93: Psychosocial Approaches with Hospitalized Children

PROFESSIONAL DEVELOPMENT AND SERVICE

- Member, (National) Association of Child Life Professionals
- Member, Southern Association of Child Life Professionals
- Member, National Coalition for Campus Children's Centers
- Member, Human Sciences and Design (HSD) Curriculum Committee, 2023
- Member, HSD Bylaws Committee, 2023
- Member, Child & Family Studies (CFS) Student Professional Development Committee, 2022-present)
- Routinely participate in continuing education opportunities related to children, families, and healthcare
- Routinely participate in continuing education opportunities related to early childhood education
- Completed Conscious Discipline *Emotional Regulation* training, 2017
- Education and Professional Development shared governance council, McLane Children's
- McLane Children's "Celebration of Life" Ceremony Planning Committee
- Children's Health ICU Reunion Planning Committee, 2008
- Children's Health Palliative Care Committee: Implemented training protocol to train staff in palliative care practices, 2007-2008
- Camp Sol: Co-coordinator of children's programming for family bereavement retreats, 2007-2009
- Children's Annual Remembrance Ceremony: Served on planning committee and coordinated legacy building activities for children and families, 2007
- Certified Child Passenger Safety Technician (CPST) training, 2004-2005

LEADERSHIP

- Child and Family Studies Division Lead, Spring 2023
- Lead Reflective Practice group each month, Children's Health, Dallas
- Train and mentor new child life specialists, Children's Health, Dallas
- Contributing member at the Southern Association of Child Life Professionals (SACLP) Think Tank sessions
- Provide child life services to entire hospital on selected days each month, Children's Health, Dallas

- Present to multiple disciplines and professionals on child life services
- Board member for Micaela's Army; a non-profit organization that raises money for childhood cancer research (2012-2022)
- Supervise undergraduate lab students
- Supervised 12 child life specialists, 2 child life assistants, and over 60 hospital volunteers
- Developed and maintained a department budget
- Conducted annual reviews
- Supervised four medical camps at two different camp sites
- Organized and led community-wide events, sponsored by McLane Children's
- Helped develop a Teen Advisory Board, McLane Children's
- Provided oversight of the construction of the Teen Lounge, McLane Children's
- Served as a "Senior Child Life Specialist", Children's Health, 2012-2014
- Provided clinical supervision to five child life specialists, Children's Dallas, 2008-2010
- Served as a practicum and intern supervisor for child life students
- Served as an item writer for the Association of Child Life Professionals, 2009
- Served on the Trauma Leadership Team at Parkland Hospital, Dallas, 2008-2010
- Served on the Children's Health Child Life Internship Committee, 2007-2014
- Served on the Palliative Care Committee, Children's Health, 2007-2008
- Co-developed first-ever camp for patients with Lupus, Children's Health, Dallas, 2007
- Recruited campers, developed criteria, and directed medical camps, 2003-2006

PRESENTATIONS AND PUBLICATIONS

- Association of Child Life Professionals, National Webinar, November 2020
The ABCs of Emotional Responses: Attunement, Brain State, and Connection
- Texas Association of Child Life Professionals, Fort Worth, TX, October 2018
The ABCs of Emotional Responses: Attunement, Brain State, and Connection
- Grief Consortium, Austin, TX, November 2018
Guest speaker on anticipatory grief and chronic illness
- Association of Child Life Professionals, National Webinar, 2016
Spirituality of Children: A Multidisciplinary Approach to Supporting Children through Change, Grief, and Loss
- TexAppeal Magazine, September 2016, "Family-Centered Care," p. 22-23
- Baylor Scott & White Round Rock, clinical staff training, 2016
Developmental Considerations for Pediatric Patients
- Baylor Scott & White Chaplain Symposium presenter, November 2015
The Healing Power of Play
- National Child Life Conference on Professional Issues, Cincinnati, Ohio, 2015
- *Spirituality of Children: A Multidisciplinary Approach to Supporting Children through Change, Grief, and Loss*
- National Child Life Conference on Professional Issues, Cincinnati, Ohio, 2015
Making it Work for Moms who Work
- McLane Children's Education & Professional Development Council, 2015
Child Life Services
- Women's Auxiliary Club of Bell County, 2015
The Role of Volunteers at McLane Children's
- Schwartz Grand Rounds, Children's Health, Dallas, 2014
The case of patient "V.A."
- National Child Life Conference on Professional Issues, New Orleans, LA 2014
Carrying the Torch without Letting your Flame Fizzle: Preventing Burnout as a Child Life Specialist

- American Society for Pain Management Nurses, 2010
Pain, Pain, Go Away: Non-Pharmacological Methods for Relieving Children's Pain
- Carter Blood Care Apheresis Staff, 2010
Developmental Needs of Children
- Baylor University Child Life Association, 2009, 2010
Developmental Considerations when Working with Hospitalized Adolescents
- Parkland Hospital Physical Medicine and Rehabilitation Training, 2009
Ages and Stages: Developmental Competencies
- Parkland Magazine, "Through a Child's Eyes," Summer 2009
- Parkland Hospital New Employee Orientation, 2008, 2009, 2010
The Role of a Child Life Specialist
- Children's Health Dallas, New Employee Orientation, 2007-2008, 2012-2014
Overview: Child Life Services
- The Jack E. Singley Academy of Irving ISD, 2007
The Role of Child Life in Medical Camps
- The Jack E. Singley Academy of Irving ISD, 2007
Exploring the Career of a Child Life Specialist
- Bell County EMS, 2004, 2005
Developmental Considerations for Pediatric Patients: How to Help, What to Do

PROFESSIONAL EXPERIENCES

- **Clinical Assistant Professor, Child & Family Studies: Baylor University, Waco, TX** (August 2022-present)
- **Temporary Full-Time Lecturer: Baylor University, Waco, TX** (2019-2022)
- **Children's Health Dallas: Child Life Specialist** (April 2018-present)
- **Preschool Teacher:** Baylor Piper Center for Child Development and Family Studies (2017-2018)
- **Adjunct Faculty, Baylor University, Waco, TX** (2014-2018)
- **Baylor Scott & White McLane Children's:** Manager, Child Life & Volunteer Services (April 2014-May 2017)
- **Children's Health Dallas:** Child Life Specialist, Dallas, TX (2006-2014)
- **Zale Lipshy Hospital:** Consulting Child Life Specialist (March 2011-March 2014)
- **Parkland Health & Hospital System:** Child Life Specialist, Dallas, TX (Sept. 2008-Feb. 2010)
- **Children's Health Dallas:** Child Life Supervisor (Jan. 2008-Feb. 2010)
- **Scott & White Hospital:** Child Life Specialist, Temple, TX (Dec. 2003-August 2006)
- **Camp Sonrisa:** Director of mixed diagnosis camp for Scott & White patients ages 6-14 (Summers 2003-2006)

UNIVERSITY LEADERSHIP & ENGAGEMENT

- **Faculty Sponsor**, A Moment of Magic, Baylor University
- **Nature Explore Classroom Leadership Group**, Piper Center for Child Development & Family Studies, Baylor University
- **Meet routinely with Piper Center administration and teaching staff**
- **Honors Contract faculty**, supervising the following students' honors projects:
 - Skyler Wickiser (Spring 2022)
 - Afton Tanner (Spring 2021)

- Naya Noffske (Spring 2021)
- Sally Lee (Fall 2020)

- **Honors Thesis Faculty Sponsor**, supervising the following student theses:
 - Emily Milton (2022-2023)
Parents Adaptation and Coping Strategies in the Diagnosis and Treatment of a Child with Cancer

- **Thesis Presentation panel**, evaluating the following student theses:
 - Priscilla Rosario (Spring 2019)
Understanding Body Image Experiences and Coping Mechanisms in Adolescents with Physical Disability
 - Beth Bender (Fall 2017)
Using Literature with Children and Families Impacted by Illness: A Resource Guide to Children's Literature
 - Sarah Pittman (Spring 2017)
The Efficacy of Child Life Programming: Parents' and Siblings' Perspectives

ACTIVITIES & SPECIAL INTERESTS

- Highland Baptist Church – Newlywed Bible Study Co-Teacher, WORTH Women's Ministry, Connection Group Member, Adult Bible Fellowship Member
- Past Board Member – Micaela's Army Foundation for Pediatric Cancer Research
- Current Board Member – Cradled, 501C3 that supports those affected by infant loss, miscarriage, and infertility