

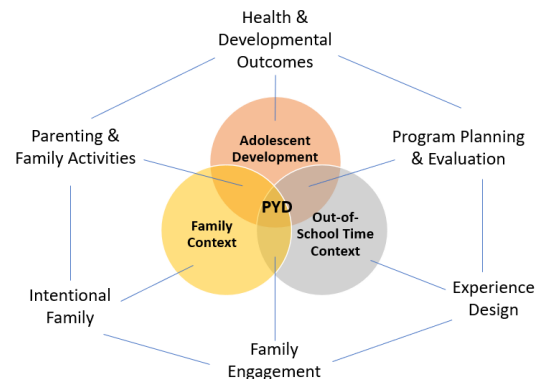
# KAREN K. MELTON, PH.D.

Associate Professor of Child & Family Studies | Human Sciences & Design  
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## EXPERTISE

My research interests stem from my training in **positive youth development (PYD)**—a combination of adolescent development and program design/evaluation. PYD experiences are intentionally designed to increase the likelihood of adolescents' thriving. Currently, my research more broadly focuses on examining and modifying the environmental, psychological, and social determinants to design meaningful and transformational experiences that enhance human flourishing. In the past few years, I have been a part of interdisciplinary teams examining **character and virtue development**. My scholarship uses mixed methods (quantitative, qualitative, and biometrics) and as an applied researcher, I work with community partners to address relevant questions in the field and conduct program evaluations. My research on key environmental and behavioral mechanisms of family activities has garnered international recognition.

### Research Expertise: Positive Youth Development (PYD)



## EDUCATION

Ph.D. Youth Development-RPTS; Texas A&M University; 2010-2014

M.S. Youth Development-RPTS; Texas A&M University; 2006-2008

B.S. Therapeutic Recreation-LS; Minor: Psychology; University of South Alabama; 2002-2006

### Relevant Training/Certifications

- Program Quality Assessment- Weikart (2023)
- Level 1 & Level 2 Training in Gottman Method Couples Therapy (2021)
- Certified Therapeutic Recreation Specialist (2008-2019)
- Online Teaching Certificate (TAMU, 2013)

## EXPERIENCE

2014-	<b>Baylor University</b>   Department of Human Sciences & Design <ul style="list-style-type: none"><li>• Associate Professor of Child &amp; Family Studies (2020-present)</li><li>• Director of Baylor-Compassion Initiative (2018-2020)</li><li>• Assistant Professor of Child &amp; Family Studies (2014-2020)</li></ul>
2010-2014	<b>Texas A&amp;M University</b>   Positive Youth Development (RPTS) <ul style="list-style-type: none"><li>• Instructor   Research Assistant   Fellow</li></ul>
2008-2010	<b>Methodist Children's Home</b>   Director of Program Services
2006-2008	<b>Texas A&amp;M University</b>   Positive Youth Development (RPTS)   Research & Teaching Assistant
2006	<b>SOAR</b>   Wilderness Counselor
2005-2006	<b>Alabama School of Math &amp; Science</b>   Resident Advisor
2005	<b>Camp Baldwin</b>   Camp Staff
2004	<b>Student Life Camp</b>   Recreation Coordinator
2003	<b>NAMB Children's Day Camp</b>   Camp Counselor

## PEER REVIEW PUBLICATIONS

*In Review or Progress*

1. Upenieks, L., Bounds, E., Nelson, J., **Melton, K.**, Glanzer, P., & Schnitker, S. (submitted Nov 2023). Gratitude to God and mental well-being in U.S. collegiate athletes: The explanatory power of perceived indebtedness to God and meaning in life. *Mental Health, Religion & Culture*.
2. Glanzer, P., Martin, J., Cockle, T., Bounds, E., **Melton, K. K.**, Schnitker, S. (submitted Sep 2023). Universal worth and moral identity in US College Students: A qualitative analysis.
3. **Melton, K. K.**, Hodge, C. J., Densley, K., & Sturdivant, R. (submitted Aug 2023, R&R-resubmitted Nov 2023). Measuring in-situ engagement during structured experiences: Validation & reliability study using immersion neuroscience software. *Journal of Leisure Research*.
4. Duerden, M., Hodge, C., **Melton, K.**, & Ward., P. (in review). Experience type index: Reliability and validity.
5. Hodge, C. J., **Melton, K. K.**, Duerden, M. D., Widmer, M. & Bingham, J. (in progress). Social connection in leisure experiences: Exploring association with experience factors.
6. **Melton, K. K.**, Hodge, C. J., Densley, K., & Ward, P. (in progress). Testing Peak-End Principle using Real-Time Participant Engagement.

*Accepted or Published*

7. \*Bounds, E. M., Nelson, J. M., **Melton, K. K.**, Glanzer, P. L., & Schnitker, S. A. (Accepted-Sept 2023). Religiosity moderates goal courage and self-worth in collegiate Christian athletes. *Religions*.
8. Upenieks, L., \*Bounds, E., **Melton, K. K.**, Glanzer, P., & Schnitker, S. A., (Accepted-Aug 2023). Win, lose, draw: Attachment to God, contingent self-worth, and mental health outcomes in US collegiate athletes. *Journal of Religion & Health*.
9. Duerden, M., Hodge, C., **Melton, K.**, Ward., P., et al. (Accepted- Aug 2023). Empirically testing the Experience Type Framework. *Journal of Leisure Research*.
10. Cockle, T. F., **Melton, K. K.**, †Hansen, A., Glanzer, P. L., Schnitker, S. S. (Accepted- July 2023). Christian Higher Education in Secular Universities: A Multiple-Case Study of Christian Study Centers and Institutes for Catholic Thought. *Christian Higher Education*.
11. Hodge, C. J., **Melton, K. K.**, Duerden, M. D., Widmer, M., \*\*Rushton, A., & \*\*Kelley, A. (2023). An examination of the stability of the remembering self when measuring social connection derived from a shared leisure experience. *Journal of Leisure Research*. DOI: 10.1080/00222216.2023.2213261.
12. **Melton, K. K.**, Hodge, C. J., \*Haron, M., & Boccia, M. (2022). Measuring social connectedness during shared leisure experiences using oxytocin: A comparison of sampling urine versus saliva. *Leisure Sciences*. <http://dx.doi.org/10.1080/01490400.2022.2048755>
13. Chandler, K. D., Hodge, C. J., \*McElvaine, K., †Olschewski, E. J., **Melton, K. K.**, & Deboeck, P. (2022). Challenges of ecological momentary assessments to study family leisure: Participants' perspectives. *Journal of Leisure Research*, 53(1), 159-165. doi.org/10.1080/00222216.2021.2001398
14. Hodge, C.; Chandler, K.; **Melton, K. K.**, & \*Stokes, K. (2022). Real-time, passive measurement of communication during family leisure: An exploratory study of wearable sociometric badges. *Journal of Leisure Research*. 53(1),132-138. doi.org/10.1080/00222216.2020.1795013
15. **Melton, K. K.**, Hodge, C. J., & Duerden, D. (2022). Ecology of Family Experiences: Contextualizing Family Activities for Human Development & Family Relations. *Journal of Leisure Research*, 53(1), 112-113. doi.org/10.1080/00222216.2020.1802374
16. **Melton, K.K.** & Caldwell, L.P. (online 2021). Home Environment influence on Adolescent Health Literary. *Family & Community Health*.
17. Caldwell, L. P. & **Melton, K. K.** (2020). Health literacy in Adolescents. *Journal of Pediatric Nursing*. 55, 116-119. doi.org/10.1016/j.pedn.2020.08.020

18. Boccia, M., **Melton, K. K.**, & \*Larson, M. (2020). An overview of the use of oxytocin measures in leisure studies. *Journal of Leisure Research*, 51(3). doi.org/10.1080/00222216.2019.1687265
19. **Melton, K. K.**, \*Larson, M., & Boccia, M. (2019) Examining couple recreation & oxytocin via the creation of family experience framework. *Journal of Marriage & Family*, 81(3), 771-782. doi.org/10.1111/jomf.12556
20. **Melton, K. K.** & McAninch, N. (2018). From healthy to thriving: Conceptualization of purposive resource management of intentional families. *Journal of Family & Consumer Sciences*, 110(2), 14-36. doi:10.14307/JFCS110.2.14
21. **Melton, K. K.**, Townsend J. N., Hodge, C. J. (2018). Creation of military family leisure experiences. *Journal of Family Theory & Review*. 10(3), 602-619. https://doi.org/10.1111/jftr.12273
22. **Melton, K. K.** & Ellis, G. (2018). Measurement of time involvement in family activities: Alternative scaling for the Family Leisure Activity Profile. *Leisure Sciences*, 41(6), 535-541. doi.org/10.1080/01490400.2018.1458669
23. **Melton, K. K.**, Lanning, B., & \*Abel, N. (2018). Family-centered approach to teen-driving program: Program evaluation of parental behavioral outcomes. *Journal of Adolescent and Family Health*, (9)1, 1-13.
24. Lanning, B., **Melton, K.**, & \*Abel, N. (2018). The impact of a supplemental driver's education program on teenage risk perception and driving behavior. *Transportation Research*, (2018)58, 442-451.
25. **Melton, K. K.** (2017). Family activity model: Crossroads of activity environment and family interactions in family leisure. *Leisure Sciences*, 39(5), 457-473. doi:10.1080/01490400.2017.1333056
26. **Melton, K. K.** (2017). Review of the family activity model with implications for research & practice. *Texas Association of Family and Consumer Sciences*. 4(1), 21-28.
27. **Melton, K. K.** & Zabriskie, R. (2016). In the pursuit of happiness all family leisure is not equal. Special Issue on Happiness & Leisure. *World Leisure Journal*. 58(4), 311-326. doi:10.1080/16078055.2016.1228154
28. **Melton, K. K.**, Ellis, G., & Zabriskie, R. (2016). Assessing alternative techniques for scaling the Family Leisure Activity Profile: Recommendations for future family leisure measurement. *Leisure Sciences*. 38(2), 179-198. doi:10.1080/01490400.2015.1087356
29. Edwards, M. B., Theriault, D. S., Shores, K. A. & **Melton, K. K.** (2014). Promoting youth physical activity in rural southern communities: Practitioner perceptions of environmental opportunities and barriers. *Journal of Rural Health*, 30(4). 379-387. doi:10.1111/jrh.12072

## NON-REFEREED PUBLICATIONS

### **Book Chapters (reviewed by Editor)**

30. Glanzer, P. L., Cockle T.F., & Martin, J. with **Melton, K. K.** & Hansen, A. (2023) "A New Vision for American Christian Higher Education: Centers for Christian Thought" IN *Christian Higher Education: An Empirical Analysis*. Abilene Christian University Press.
31. Hodge, C. J., & **Melton, K. K.** (2022). Family leisure. In M. Parr, M. Wells, & T. Tapps (Eds.) *Dimensions of leisure* (pp. ##). Human Kinetics.
32. Hodge, C. J., Izenstark, D. & **Melton, K. K.** (2021). Family leisure in the outdoors. In M. Baker, N. Carr, & E. Stewart (Eds.) *Leisure activities in the outdoors: Learning, developing, and challenging* (pp. ##). CABI.
33. **Melton, K. K.** (2018). Family activity model: Crossroads of activity environment and family interactions in family leisure. In D. E. Trussell, R. Jeanes, & E. Such, (Eds.) *Revisiting Family Leisure Research: Critical Reflections on the Future of Family-Centered Scholarship*. London: Taylor & Francis.
34. **Melton, K. K.**, Hodges, C., McAninch, N., & †Olschewski, E. (2018). Family matters: Supporting positive youth development through family programming. In P. Witt & L. Caldwell, (Eds.) *Positive Youth Development, 2<sup>nd</sup> Edition*. State College, PA: Venture Publishing.
35. Duerden, M. D., Norton, K., & **Melton, K.** (2014). Embracing intentionality in adventure programming: The design, implementation, and evaluation of adventure experiences. In R. Black & K.S. Bricker, (Eds.) *Adventure Programming and Travel for the 21st Century*. State College, PA: Venture Publishing.

### **Professional Publications (reviewed by Editor)**

36. Alford, A., & **Melton, K.K.** (2023). The hidden value of *daughtering* by adult daughters and its costs during COVID-19. *Family Focus Report*. Minnesota, MN: National Council for Family Relations.
37. Caldwell, E. P. & **Melton, K. K.** (2021). Health Literacy: A crisis and call to CFLEs for Adolescent and Families. *CFLE Network*. Minnesota, MN: National Council for Family Relations.
38. **Melton, K.** (2020). *Is your city a TOP city for underprivileged children!* WalletHub Report on 2020's Best & Worst Cities for Families. Washington D.C.: Wallethub.
39. Hodge, C. J., **Melton, K.**, Duerden, M. D., O'Neal, C. W., Nichols, L. R., & Lucier-Greer, M. (2019). *Recreation trends, service utilization, and future directions for military Morale, Welfare and Recreation Programs*. Auburn, AL: Military REACH. [https://aub.ie/MilitaryREACH\\_RecreationReport](https://aub.ie/MilitaryREACH_RecreationReport)
40. King, E. & **Melton, K.** (2018). Children's spaces in the home from the 19<sup>th</sup> through the 21<sup>st</sup> centuries. *CFLE Network*. Minnesota, MN: National Council for Family Relations.
41. **Melton, K.** (2018). Diversify the family activity profile: New advice for strengthening families. *Family Focus Report*. Minnesota, MN: National Council for Family Relations.
42. McAninch, N., & **Melton, K.** (2018) Playing to Purpose: Optimizing Employment Benefits for Family Leisure Time. *Family Focus Report*. Minnesota, MN: National Council for Family Relations.
43. \*Shahvali, M. M., & **Melton, K.** (2018) To be or not be together: Activities & technology during family vacation. *Family Focus Report*. Minnesota, MN: National Council for Family Relations.
44. **Melton, K.** (2016) Empowering families to diversify their family activity profile. *CFLE Network*. Minnesota, MN: National Council for Family Relations.
45. \*León, M., & **Melton, K.** (2016). *Applying Positive Youth Development Principles to Juvenile Correctional Recreation Programs*. College Station, TX: Sequor Youth Development Initiative.
46. **Melton, K.** (2015) *Is your city a TOP city for families!* WalletHub Report on 2015's Best & Worst Cities for Families. Washington D.C.: Wallethub.

#### **Technical Reports & White Papers**

47. **Melton, K.**, Bounds, E, Cockle, T., †Hansen, A., Glanzer, P., & Schnitker, S. (2023) Developing Character in College Communities: Wave 2 Brief Report. Baylor University. ([Link](#))
48. \*\*\*Hazel, H., & **Melton, K.** (2023). *Evaluation of Design Principles of Community-Based Settings used in Mentoring Alliance Afterschool Program*. Baylor University.
49. Cockle, T., **Melton, K.**, †Hansen, A., Schnitker, S., and Glanzer, P. (2023). Developing Character through College Communities Theory of Change [Unpublished manuscript]. Human Sciences & Design, Baylor University.
50. **Melton, K.**, Nelson, J., \*Bounds, E., Greenway, T., Cockle, T., †Hansen, A., Glanzer, P., & Schnitker, S. (2023) Developing Character in College Communities: Wave 1 Brief Report. Baylor University. ([Link](#))
51. **Melton, K.** & \*\*Ament, M. (2019). *ENGAGE: Evaluation of a Positive Parenting Program*. Technical Report. Waco, TX: Baylor University.
52. Lanning, B., **Melton, K.**, \*Abel, N. (2015). *Reality Education for Drivers (RED) Program Evaluation*. Technical Report. Waco, TX: Baylor University.

#### **FLE Curriculums & Resources**

53. McAninch, N. & **Melton, K.** (in progress). *Intentional Family: Retreat Curriculum*. Waco, TX: Baylor University.
54. **Melton, K.** & McAninch, N. (2020). *Life in the Trenches: Foster & Adoption Family Stress Management*. Waco, TX: Baylor University. Available at <https://intentional.family/life-in-the-trenches/>
55. McAninch, N. & **Melton, K.** (2018). *Intentional Family*. Available at [www.Intentional.Family](http://www.Intentional.Family)
56. McAninch, N. & **Melton, K.** (2019). *Step 1: Recognizing your family identity—Core family values*. Worksheet available at <https://theintentionalfamilyblog.files.wordpress.com/2019/02/core-family-values-5.pdf>
57. McAninch, N. & **Melton, K.** (2019). *Redefining Parenting Wins*. Infographic available at <https://www.facebook.com/CultivateIF/photos/a.1175543732609548/1238091796354741/?type=3&theater>

## PRESENTATIONS

### PEER-REVIEWED CONFERENCE PRESENTATIONS

1. Schnitker, S.; Bounds, E.; Nelson, J., Newman, D., **Melton, K.**, Glanzer, P. (2024). Associations between virtue development and religious development among students from 16 U.S. universities in a 2-year longitudinal study. World Congress on Personality. Curacao.
2. **Melton, K. K.**, Hodge, C. J., Densley, K., & Sturdivant, R. (Feb 2024). *A neo-neurometric approach to capturing in-situ engagement*. Oral presentation at The Academy of Leisure Sciences. New Orleans, LA.
3. Duerden M. D., Hodge C., **Melton K.**, **\*\*Rushton, R.**, **\*\*Anderson, L.**, **\*\*Bagley, M.**, & **\*\*Meredith, T.** (2023). *Examining the relationship between experience perceptions, reflection, and social connection*. Poster presentation at the International Positive Psychology Association 8<sup>th</sup> World Congress, Vancouver, British Columbia, Canada.
4. Hodge, C., **Melton, K.**, Widmer, M., & Duerden, M. (Dec 2023). Structured outdoor adventure, social connection and the stability of the remembering self. World Leisure Organization. New Zealand.
5. Duerden M. D., Hodge C., **Melton K.**, **\*\*Rushton, R.**, **\*\*Anderson, L.**, **\*\*Bagley, M.**, (2023). The Impact of Reflection on Experience Type Perceptions. 7X Experience Summit. New Zealand.
6. **Melton, K. K.** (2022). *Together: The power of shared experiences*. Keynote presentation at 7 Experience Summit. Provo, UT.
7. **Melton, K. K.**, Hodge, C., & Hill, B. (2022). *Immediate Feedback on User Engagement: Prototype, Test, & Refine Experiences using Immersion©*. Workshop session at 7 Experience Summit. Provo, UT.
8. Hodge, C., **Melton, K. K.**, & Hill, B. (2022). *Integrating Mechanisms of Connection into Experience Design: A Review and Synthesis of Empirical Evidence*. Research session at 7 Experience Summit. Provo, UT.
9. Duerden, M., Hodge, C., **Melton, K.**, Ward, P., et al. (2022). *Operationalizing and validating the experience type framework*. Research session at 7 Experience Summit. Provo, UT.
10. **Melton K.** (2022) *Seminar for Excellence in Teaching: Parting with the Textbook- Adolescent Development*. Panel showcase at the Academy for Teaching & Learning-Baylor University: Waco, TX.
11. **\*\*Lee, S.** & **Melton, K.K.**, (2022). *Couple Reciprocity & Oxytocin Release during Competitive Board Games*. Southern California Conferences for Undergraduate Research. Pepperdine.
12. **\*\*Lee, S.\*** & **Melton, K.K.**, (2022). *Couple Reciprocity & Oxytocin Release during Competitive Board Games*. McNair Conference. Baylor University.
13. **\*\*Lee, S.\*** & **Melton, K.K.**, (2022). *Couple Reciprocity & Oxytocin Release during Competitive Board Games*. McNair Conference. UCLA.
14. **Melton, K.K.** & Hodge, C. (2021). *Connection Experiences: Identifying Mechanisms via Oxytocin Response*. Oral presentation at 7 Experiences Summit. Netherlands. Virtual.
15. **Melton, K.K.** & Shahvali, M. (2021). *A comparison of positive connection experiences for couples at-home vs. vacation*. Oral presentation at 7<sup>th</sup> International Positive Psychology World Congress. Virtual.
16. **Melton, K.K.**, & Caldwell-Perry, E. (2021). *Family Home Environment & Adolescent Health Literacy*. Poster presentation at Society for Research on Child Development, Virtual.
17. Shahvali, M., & **Melton, K.K.** (2021). *Couple vacations: A critical need for connection experiences during social distancing*. Oral presentation at the Council for Australasian Tourism and Hospitality Education, Virtual.
18. **\*\*Lawrence, E.**, **\*\*McCaig, K.**, & **Melton, K.K.** (2021). *Leisure supports social connection in older adults*. Poster presentation at Texas Council on Family Relations. Virtual.
  - a. Awarded 2<sup>nd</sup> Place in the Undergraduate Content Poster

19. \*\*Berry, T., **Melton, K.K.**, & Caldwell-Perry, E. (2021). Adolescent & Parent Perspectives: Family activities that improve family communication. Poster presentation at Texas Council on Family Relations, Virtual.
20. **Melton, K.** (February 2020) *Measuring Oxytocin in Leisure Activities*. Invited Panel Speaker in Session: Underutilized Methods of Data Collection in Contemporary Leisure Research; Moderators: Sharaievska, I., & Burke, B; The Academy of Leisure Sciences. Champagne, IL.
21. **Melton, K.**, & Hodge, C., & Duerden, M. (December 2019). *Ecology of Family Experiences: Contextualizing Family Activities for Human Development & Family Relations*. Oral Presentation at the Australia and New Zealand Association of Leisure Studies. Christ Church, NZ.
22. Hodge, C. & **Melton, K.** (December 2019). Conceptualizing families and their leisure: A review. Oral Presentation at the Australia and New Zealand Association of Leisure Studies. Christ Church, NZ.
23. Chandler, K.; Hodge, C., Deboeck, P., **Melton, K.**, & \*McElvaine, K., (October 2019). *Cost-benefit analysis of ecological momentary assessments to study within-family variability*. Invited presentation for Society for the Study Human Development. Portland, OR.
24. **Melton K.**, McAninch, N., & Morgan, G. (June 2019). *Intentional families: Propensity to plan family time across the family life cycle*. Poster presentation at American Association for Family & Consumer Sciences. St. Louis, MO.
25. McAninch, N., **Melton, K.**, & \*\*Fenn, H. (2019, June). *Becoming an intentional family: A four-step process for cultivating and maintaining family identity in a pluralistic society*. Workshop presentation at American Association of Family and Consumer Sciences Annual Conference. St. Louis, MO.
26. **Melton, K.** & Hodge, C. (May 2019). *Conceptual framework for family experience research*. Oral presentation at Sequor Conference on Experience Design. College Station, TX.
27. **Melton, K.**, Ettekal, A., & Locke, D. (May 2019). *Experience design in Family & Youth Development*. Panel presentation at Sequor Conference on Experience Design. College Station, TX.
28. \*\*Ament, M., & **Melton, K. K.** (February 2019). *ENGAGE: Evaluation of Positive Parenting Program*. Poster presented at URSA at Baylor University. Waco, TX.
29. Hodge, C. J., **Melton, K. K.**, Chandler, K., & Boccia, M. (February 2019). *To Boldly Go: Results & Lessons Learned from Novel Data Collection Methods*. Oral presentation at The Academy of Leisure Sciences. Greenville, SC.
30. \*\*Ament, M., & **Melton, K. K.** (February 2019). *Evaluation of Positive Parenting Program for Vulnerable Populations*. Poster presented at Texas Council on Family Relations. Austin, TX.
31. \*\*Fenn, H., \*\*Erickson, J., \*\*Ament, M., McAninch, N., & **Melton, K.** (2019, February). *Case study of the Intentional Family Project*. Presented at the Student Poster Competition for the Texas Council on Family Relations Annual Conference in Austin, TX.
32. **Melton, K. K.**, Hodge, C., & Duerden, M. (November 2018). *Creation of Family Experiences: Conceptualizing Concordant and Discordant Experiences of Family Time*. Paper presented at Theory Construction and Research Methodology. San Diego, CA.
33. \*Duval, A.; Patterson, M. S.; Lanning, B. A.; Ylitalo, K.; & **Melton, K.** (November 2018). *Hooking up experiences on a college campus*. American Public Health Association. San Diego, CA.
34. \*\*Lee, G., \*McGrew, G., & **Melton, K.** (April 2018). *The Trips that Shaped My Life: Adolescent Travel Types and Human Values*. Society of Research on Adolescents. Minneapolis, MN.
35. \*Duval, A.; Patterson, M. S.; Lanning, B. A.; Ylitalo, K.; & **Melton, K.** (March 2018). *Evaluating Risk Factors of Sexual Violence on a College Campus*. American Academy of Health Behavior Annual Meeting. Portland, OR.
36. **Melton, K.** (November 2017). *Family Time Conceptualized & Measured: Psychological, Physiological, & Behavioral*. Symposium at National Council for Family Relations. Orlando, FL.
37. **Melton, K.** (November 2017). *Conceptualizing Shared Family Time using the Creation of Family Experience Framework*. Paper at National Council for Family Relations. Orlando, FL.
38. Boccia, M., \*Larson, M. **Melton, K.** (November 2017). *Physiological Measures: Understanding Individuals within the Context of Family Relations*. Paper at National Council for Family Relations. Orlando, FL.
39. McAninch, N. & **Melton, K.**, (November 2017). *Conceptualizing Berry's Acculturation Model for family culture development*. Poster at National Council for Family Relations. Orlando, FL.

40. \*\*McGrew, J., \*\*Lee, G., **Melton, K.**, (November 2017). *Are we there yet! Adolescent Development in Family Travel*. Poster at National Council for Family Relations. Orlando, FL.
41. **Melton, K.**, McAninch, N., & \*Ament, M. (June 2017). *Financial Family Processes in Cultivating an Intentional Family Identity*. Paper presented at American Association of Family & Consumer Sciences. Dallas, TX.
42. Boccia, M., Larson, M., & **Melton, K.** (June 2017). *Enhancing family experience research with physiological measures: Insights into psychological states*. Poster presented at American Association of Family & Consumer Sciences. Dallas, TX.
43. \*Lee, G., \*McGrew, J. & **Melton, K.** (March 2017). *The Trips that shaped my Life*. Poster presented at URSA Baylor University. Waco, TX.
44. \*McGrew, J., \*Lee, G., & **Melton, K.** (March 2017). *Don't Make Me Turn This Car Around: Reflections from Adolescent Family Travel Experiences*. Poster presented at URSA Baylor University. Waco, TX.
45. **Melton, K.**, Larson, M., & Boccia, M. (March 2017). *Impact of Family Experiences on Attachment: Examining Oxytocin Levels*. Poster presented at Society of Research on Child Development. Austin, TX.
46. **Melton, K.** & McAninch, N. (March 2017). *Financial Investment in Family Experiences: Getting the most Bang for your Buck*. Paper presented at Texas Council on Family Relations. Austin, TX.
47. McAninch, N. & **Melton, K.** (March 2017). *Tell me your story: Identifying Financial Values through Family Narratives*. Paper presented at Texas Council on Family Relations. Austin, TX.
48. \*\*Lee, G., \*\*McGrew, J. & **Melton, K.** (March 2017). *The Trips that shaped my Life: Travel through Adolescent's Perspective*. Poster presented at Texas Council on Family Relations. Austin, TX.
49. \*\*McGrew, J., \*\*Lee, G., & **Melton, K.** (March 2017). *Don't Make Me Turn This Car Around: Reflections from Adolescent Family Travel Experiences*. Poster presented at Texas Council on Family Relations. Austin, TX.
50. **Melton, K.** (March 2017). *Thinking about Optimal Family Experiences*. Paper presented at Experience Design Industry Management Conference. Provo, UT.
51. **Melton, K.** (February 2017). *Creation of Family Experiences: Bridging the Family Leisure Scholarship*. Paper presented at The Academy for Leisure Sciences. Indianapolis, IN.
52. Trussell, D. & **Melton, K.** (February 2017). A roundtable on family leisure: An analysis of conflicting paradigms revisited. Paper presented at The Academy for Leisure Sciences. Indianapolis, IN.
53. **Melton, K.**, Boccia, M., \*Larson, M. (November 2016). *Examining oxytocin level to distinguish impact of family activities on attachment*. Paper presented at National Council for Family Relations. Minneapolis, MN.
54. **Melton, K.** & Zabriskie, R. (November 2016). *All family activities are not equal in the pursuit of happiness*. Poster presented at National Council for Family Relations. Minneapolis, MN.
55. \*Larson, M., **Melton, K.**, & Boccia, M. (September 2016). *Oxytocin's relationship with attachment style and caregiving*. Poster presented at American Association of Family Consumer Sciences—Northeast Texas District Meeting. Waco, TX.
56. \*\*Lee, G., \*\*McGrew, J., & **Melton, K.** (September 2016). *Content analysis of Relational Tourism: Adolescent perspective of family vacations*. Poster presented at American Association of Family Consumer Sciences—Northeast Texas District Meeting. Waco, TX.
57. **Melton, K.** (March 2016). *The Family Experience Model: Crossroads of Activity Environment & Family Interaction*. Paper presented at Experience Industry Management Conference. Provo, UT.
58. **Melton, K.** (March 2016). *Understanding the Family Leisure Experience*. Paper presented at Southeast Council on Family Relations. Orlando, FL.
59. Hodges, C., **Melton, K.**, & Zabriskie, R. (March 2016). *What is family leisure? Benefits & Critiques*. Poster presented at Southeast Council on Family Relations. Orlando, FL.
60. Zabriskie, R., Hodges, C., **Melton, K.**, & Townsend, J. (March 2016). *Family Recreation: It's More Than Just Fun & Games*. Poster presented at Southeast Council on Family Relations. Orlando, FL.
61. **Melton, K.**, Duerden, M., & Zabriskie, R. (November 2015). *Strengthening the Family through Core and Balance Leisure: An Examination of United Kingdom Families*. Poster presented at National Council on Family Relations. Vancouver, B.C.
62. **Melton, K.**, Ellis, G. & Zabriskie, R. (March 2015). *Measuring Family Leisure Experiences: Alternative Scaling*

*Techniques with the Family Leisure Activity Profile*. Paper presented at Experience Industry Management Conference. Provo, UT.

63. **Melton, K.** (2014). *Collecting Data to improve health outcomes: Using collaboration between organization and university*. Paper presented at Healthy Teen Network Conference. Austin, TX.
64. **Melton, K.** (2014). *Strategic Planning: Moving Your Org from Surviving to Thriving*. Paper presented at Youth Development Initiative Conference. Navasota, TX.
65. Outley, C. Rayfield, J., Theriault, D., Woosnam, K., **Melton, K.**, Ramirez-Mann, & Campbell, K. (2013). *Conducting a Multisite Evaluation Across Texas: Success, Challenges, and Lessons Learned*. Paper presented at American Evaluation Association Conference. Washington D.C.
66. Edwards, M., **Melton, K.**, Bocarro, J., Kanters, M., & Casper, J. (2013) *Perceived Administrative Barriers to Providing Intramural Sports in North Carolina Middle Schools*. Poster presented at Active Living Research Conference, San Diego, CA.
67. **Melton, K.**, & Edwards, M.B. (2012). *Gender Examination of Parent-Child Leisure and Cohesion*. Paper presented at NRPA Leisure Research Symposium. Anaheim, CA.
68. **Melton, K.**, & \*\*Ellison, S. (2012) *Adolescent Domestic Human Trafficking: Modern Day Slavery of Youth*. Poster presented at Youth Development Initiative Conference, Austin, TX.
69. Edwards, M. B., **Melton, K.**, Daniel, J., Dunlap, R., & Outley, C. W. (2011). *Perceptions of Youth Leisure-Time Physical Activity in the Rural South*. Paper presented at NRPA Leisure Research Symposium, Atlanta, GA.
70. **Melton, K.**, & Rall, K. (2011). *Logic Models: A Piece of Cake*. Paper presented at Youth Development Initiative Conference. Austin, TX.
71. Reichstein, L., & **Melton, K.** (2011). *Interactive Staff Training: Strategies and Tips*. Youth Development Initiative Conference. Austin, TX.
72. Duerden, M., **Melton, K.**, & Fernandez, M. (2010). *An Assets Approach to Preparing Educators and Adolescents for College Experience*. Paper presented at Big Tent Conference-Search Institute. Houston, TX.
73. **Melton, K.**, & Roberson, S. (2010). *Listen Up! Youth Voice & Program Quality*. Paper presented at Youth Development Initiative Workshop, Dallas, TX.
74. **Melton, K.** (2010). *Listen Up! Youth Voice & Program Quality*. Paper presented at Youth Development Initiative Conference, Austin, TX.
75. **Melton, K.**, & Witt, P. A. (2008). *Fostering Youth Engagement through Youth Voice, Empowerment, and Participation*. Paper presented at NRPA Congress and Exposition. Baltimore, MD.

## PROFESSIONAL TRAINING, WORKSHOP, & WEBINAR PRESENTATIONS

### **Organizational Structure & Program Evaluation**

76. **Melton, K. K.** & \*Bound, E. (2023). *Evaluation in an Hour*. Presentation at the Consortium for Christian Study Centers. Anselm House, Minneapolis, MN.
77. **Melton, K. K.** (2022). *Evaluability*. Virtual Webinar for Institute of Catholic Thought-Community of Practice.
78. **Melton, K. K.**, Cockle, T., & †Hansen, A. (2022). *Introduction to Center Modeling*. Virtual workshop for Christian Study Center- Community of Practice.
79. **Melton, K. K.**, Cockle, T., & †Hansen, A. (2022). *Center Context- History, Mission, Goals*. Virtual workshop for Christian Study Center- Community of Practice.
80. **Melton, K. K.**, Cockle, T., & †Hansen, A. (2022). *Center Discussion & Share of Mission & Goals*. Virtual workshop for Christian Study Center- Community of Practice.
81. **Melton, K. K.**, Cockle, T., & †Hansen, A. (2022). *Program Profile*. Virtual workshop for Christian Study Center- Community of Practice.
82. **Melton, K. K.**, Cockle, T., & †Hansen, A. (2022). *Center Discussion & Share of Program Profile*. Virtual workshop for Christian Study Center- Community of Practice.
83. **Melton, K. K.**, Cockle, T., & †Hansen, A. (2022). *Program Lifecycle*. Virtual workshop for Christian Study Center- Community of Practice.



84. **Melton, K. K.**, Cockle, T., & †Hansen, A. (2022). Center Discussion & Share of Program Lifecycle. Virtual workshop for Christian Study Center- Community of Practice.
85. **Melton, K. K.**, Cockle, T., & †Hansen, A. (2022). Center Model. Virtual workshop for Christian Study Center- Community of Practice.
86. **Melton, K. K.**, Cockle, T., & †Hansen, A. (2022). Center Discussion & Share of Center Model. Virtual workshop for Christian Study Center- Community of Practice.
87. **Melton, K. K.**, Cockle, T., & †Hansen, A. (2022). Center Preparation for Conference Presentations of Center Models. Virtual workshop for Christian Study Center- Community of Practice.

### **Research Methods & Theory of Change**

1. **Melton, K.K.** (2023). Group facilitator for Cross-Training Workshop: Develop your own research study. *Illuminating Theology with Psychological Sciences Workshop*. Cross-Training funded by JTF. San Antonio, Tx.
2. **Melton, K.K.** (2023). Group facilitator for Cross-Training Webinar: Applying research methods to journal articles. *Illuminating Theology with Psychological Sciences Workshop*. Cross-Training funded by JTF. Online webinar.
3. **Melton, K.K.** (2023). Multiple ways of seeing: The use of qualitative and mixed-methods. *Illuminating Theology with Psychological Sciences Workshop*. Oral Presentation. Cross-Training funded by JTF. Baylor University. Waco, Tx.
4. **Melton, K. K.** (2021). Developing a MetaTheory of Change: Introductions, Goals, & Assumptions. Facilitate in-person workshop for Christian Study Center- Research Team.
5. **Melton, K. K.** (2021). TOC: Performance Virtues. Facilitate in-person workshop for Christian Study Center- Research Team.
6. **Melton, K. K.** (2021). TOC: Intellectual Virtues. Facilitate in-person workshop for Christian Study Center- Research Team.
7. **Melton, K. K.** (2021). TOC: Moral Virtues. Facilitate in-person workshop for Christian Study Center- Research Team.
8. **Melton, K. K.** (2021). TOC: Civic Virtues. Facilitate in-person workshop for Christian Study Center- Research Team.
9. Cockle, T., Schnitker, S., Glanzer, P., **Melton, K. K.** (2022). Review of MetaTheory of Change. Facilitate virtual workshop for Christian Study Center- Research Team.

### **Family Life Education Presentations**

10. **Melton, K.** & McAninch, N. (October 2020). Building the Life You Love: Lessons from Moses & the Israelites. From *Intentional Family: Retreat Curriculum*. Presented in-person to Embrace Women's Retreat.
11. McAninch, N. & **Melton, K.** (October 2020). Laying the Foundation: The Importance of Core Family Values. From *Intentional Family: Retreat Curriculum*. Presented in-person to Embrace Women's Retreat.
12. McAninch, N. & **Melton, K.** (October 2020). Building the Structure: Setting Family Boundaries. From *Intentional Family: Retreat Curriculum*. Presented in-person to Embrace Women's Retreat.
13. McAninch, N. & **Melton, K.** (October 2020). Setting the Atmosphere: The Importance of Communication. From *Intentional Family: Retreat Curriculum*. Presented in-person to Embrace Women's Retreat.
14. **Melton, K.** & McAninch, N. (June 2020). Challenges & Stressor. From *Life in the Trenches: Foster & Adoption Family Stress Management—Culture, Community, & Church*. Presented online to Foster & Adoption Ministry of Highland Baptist Church
15. **Melton, K.** & McAninch, N. (May 2020). Challenges & Stressor. From *Life in the Trenches: Foster & Adoption Family Stress Management—Service System*. Presented online to Foster & Adoption Ministry of Highland Baptist Church.
16. **Melton, K.** & McAninch, N. (May 2020). Challenges & Stressor. From *Life in the Trenches: Foster & Adoption Family Stress Management—Parenting & Family Systems*. Presented online to Foster & Adoption Ministry of Highland Baptist Church.
17. **Melton, K.** & McAninch, N. (May 2020). Challenges & Stressor. From *Life in the Trenches: Foster & Adoption Family Stress Management—Trauma & Attachment*. Presented online to Foster & Adoption Ministry of Highland Baptist Church.

18. McAninch, N. & **Melton, K.** (May 2020). Challenges & Stressor. From *Life in the Trenches: Foster & Adoption Family Stress Management—Resources, Perceptions, & Crisis*. Presented online to Foster & Adoption Ministry of Highland Baptist Church.
19. **Melton, K.** & McAninch, N. (April 2020). Challenges & Stressor. From *Life in the Trenches: Foster & Adoption Family Stress Management—Challenges & Stressors*. Presented online to Foster & Adoption Ministry of Highland Baptist Church.

#### Youth Development Trainings

20. **Melton, K.K.** (2023). Camp Counselors & Kids today. Baylor Rec Camp. Waco, Tx.

#### Character & Virtue Development

21. **Melton, K. K.**, & †Center Leaders (2021). Center Model Blitz. Facilitate poster sharing session. Developing Character in College Communities. Chicago.
22. Glanzer, P., †Walker, A., & **Melton, K. K.** (2021). Intellectual Humility. Facilitate workshop-Application of Virtue to Center Model. Developing Character in College Communities. Chicago.
23. Schnitker, S., †Sweeney, T., & **Melton, K. K.** (2021). Patience. Facilitate workshop-Application of Virtue to Center Model. Developing Character in College Communities. Chicago.
24. Cockle, T., †Perry, M., & **Melton, K. K.** (2021). Gratitude & Generosity. Facilitate workshop-Application of Virtue to Center Model. Developing Character in College Communities. Chicago.
25. Glanzer, P., †Matthew, V., & **Melton, K. K.** (2021). Accountability. Facilitate workshop-Application of Virtue to Center Model. Developing Character in College Communities. Chicago.
26. **Melton, K. K.** (2021). Next steps for forming a community of practice. Facilitate listening session. Developing Character in College Communities. Chicago.
27. **Melton, K. K.** (2021). Concluding Remarks: Next Steps, Future, Timeline. Facilitate reflection session. Developing Character in College Communities. Chicago.

### FUNDED PROJECTS

Funding Agency	Project Title	Role in project	Amount	Term
Lily Endowment	Rhythms of Faith <i>(PIs: Ribbe &amp; †Sorenson, Wheaton)</i>	Advisor	\$1.25m	01/2024-12/2028
John Templeton Foundation	Illuminating Theological Inquiry and Christian Ethics Through Training in Psychological Science <i>(PIs: Sarah Schnitker &amp; Devon Stahl, BU)</i>	Consultant	\$2.5m	01/2023-12/2025
John Templeton Foundation	Using an Islamic Community Approach to Cultivate Virtues in the Face of Marginalization among Muslim Youth <i>(PIs: †Madiha Tahseen, Merve Balkaya Ince, FYI)</i>	Investigator	\$1.3m	08/2022-07/2025
John Templeton Foundation	The Role of Meta-Identity in Developing Moral Communities Within Higher Education <i>(PIs: Sarah Schnitker, Perry Glanzer, BU)</i>	Principal Investigator	\$2.7m	12/2021-11/2024
Baylor University (Affordable Course Materials- Teaching)	Adolescent Development <i>(PI: Ken Carriveau)</i>	Fellow	\$5,000	06/2022-08/2022

Baylor University (Research)	HomEx Lab: Social Connectedness in Family Experiences	Principal Investigator	\$11,000	01/2021-05/2021
Baylor University (Research)	Relationship between Intentional Family & Quality of Life: A Cross-sectional study of Family Goals, Resource Management, & Well-Being	Principal Investigator	Summer Salary	05/2019-08/2019
Baylor University (URSA)	Strengthening Children & Families: Improving Parental Nurturance through ENGAGE	Principal Investigator	\$5,000	06/2018-05/2019
Baylor University (URC)	Health Literacy of Adolescents in Texas (PI: Liz Perry-Caldwell)	Investigator	\$2,725	06/2018-05/2019
American Association of Family & Consumer Sciences	The Intentional Family & Quality of Life: A Cross-sectional study of Family Goals, Resource Management, & Quality of Life	Principal Investigator	\$5,000	08/2018-07/2019
University of Utah	Validating Ecological Momentary Assessments of Family Time in Working Families (PI: Camilla Hodge)	Investigator	\$10,000	01/2018-12/2018
Baylor University (Research)	Examining Cortisol, Serotonin, and Catecholamine Levels to Distinguish Impact of Family Experiences	Principal Investigator	\$10,000	08/2017-12/2017
Clemson University	Understanding the Contribution of Family Leisure to Family Functioning, Satisfaction, Communication, and Reintegration of US Military Families (PI: Jasmine Townsend)	Investigator	\$10,000	07/01/16-06/30/17
National Council for Family Relations (Innovative Grant)	Examining Oxytocin Levels to Distinguish Impact of Family Activities on Attachment	Principal Investigator	\$10,000	12/01/15-11/30/16
Baylor, Scott & White, Hillcrest Hospital; TX-DOT	Reality Education for Drivers (RED) Program Evaluation (PI: Lanning, BU)	Investigator	\$9,500	2/01/15-9/30/15

## ACADEMIC COURSES, TEACHING, & MENTORING

### Texas A&M University (2010-2014)

#### Courses Taught

- RPTS 304 Administration of Recreation Resources (Online)
- RPTS 370 Youth Development Organizations and Services (In-Person)
- RPTS 489 Youth Development in Faith-Based Organizations (Mini-mester)

#### Teaching Honors & Development

- Willie May Harris Fellowship, Texas A&M, 2013
- Vice Chancellor's Teaching Excellence Award, Texas A&M, 2013
- Online Teaching Certificate, Texas A&M, 2013
- Teaching Academy Fellow, Texas A&M, 2012
- SLATE: Student Lead Award for Teaching Excellence, Texas A&M, 2010

## **Baylor University (2013-present)**

### ***Courses Taught***

- FCS 3204 Intro to Research (In-Person)-UG
- CFS 4191 Professional Practices (In-Person)-UG
- CFS 4357 Child and Family Policy & Advocacy (In-Person)-UG
- CFS 4358 Planning & Administration for Child & Family Programs (In-Person; Online)-UG
- CFS 5358 Planning & Administration for Child & Family Programs (In-Person; Online)-Grad
- CRED Planning & Administration for Child & Family Programs (In-Person; Online)-Seminary
- CFS 4359 Parenting (In-Person)
- CFS 4363 Adolescent Development (In-Person; Hybrid)-UG
- CFS 5358 Adolescent Development (In-Person; Hybrid)-Grad
- CRED Adolescent Development (In-Person; Hybrid)-Seminary

### ***Independent Study***

- Child & Family Research Project (Becca Williams, Summer 2015)
- Advance Research Methodology in Family Studies—Ethnography Interview (Marie Ament, Spring 2018)
- Applied Youth Development (Trent Sutton, Fall 2015; Sarah Lackner, Spring 2016)

### ***Honor Thesis***

- HON 3101: Advance Readings & Research Honors Thesis (Spring 2023-3)

### ***Teaching Honors & Development***

- Affordable Course Materials Fellowship, 2022
- UG Students received 2<sup>nd</sup> Place Award for Undergraduate Content Poster at TxCFR, 2021
- Undergraduate Research Mentor of the Year for Professional Fields, Baylor University, 2018
- Nominated for Outstanding Tenure-Track Faculty, Baylor University, 2018
- BaylorPLUS Salute, 2018
- Summer Faculty Institute Fellow, Baylor University, 2016

### ***Teaching Presentations for Faculty***

- **Melton K.** (2022) *Seminar for Excellence in Teaching: Parting with the Textbook- Adolescent Development*. Panel showcase at the Academy for Teaching & Learning-Baylor University: Waco, TX.

### ***Teaching Evaluations***

Quantitative "Teaching Effectiveness" is an average score based on teaching evaluation scores of communication, attitude toward students, attitude toward subjects, preparation and organization, text and instructional material, and overall. Scores can range from 1 (low) to 6 (high).

Course	Term	Modality	Class Size	Response Rate	Teaching Effectiveness
CFS 3204: Research Methods	Spring 2015	F2F	26	85%	5.73
CFS 4191: Professional Practices	Spring 2015	F2F	33	79%	5.85
CFS 4357: Policy & Advocacy	Spring 2015	F2F	26	92%	5.87
<b>CFS 4358   Planning &amp; Admin</b>					
	Fall 2022	Online	16	88%	5.39
	Spring 2022	Online	13	46%	5.78
	Fall 2021	Online	21	81%	5.64
	Fall 2020	Online	15	93%	5.85
	Spring 2020	F2F	17	82%	5.86
	Fall 2019	F2F	10	89%	5.97
	Spring 2019	F2F	26	92%	5.77
	Fall 2018	F2F	18	95%	5.94
	Spring 2018	F2F	30	87%	5.83
	Spring 2017	F2F	13	92%	5.95
	Fall 2016	F2F	17	88%	5.85
	Spring 2016	F2F	25	88%	5.81
	Fall 2015	F2F	40	95%	5.76
	Fall 2014	F2F	34	68%	5.26
<b>CFS 4363   Adolescent Development</b>					
	Fall 2023	F2F	14	100%	5.63
	Spring 2023	F2F	18	89%	5.26
	Fall 2022	F2F	18	100%	5.53
	Spring 2022	F2F	15	80%	5.88
	Fall 2021	F2F	19	84%	5.55
	Fall 2018	F2F	26	85%	5.81
	Spring 2018	F2F	26	88%	5.76
	Spring 2017	F2F	28	82%	5.91
	Fall 2016	F2F	29	86%	5.67
	Spring 2016	F2F	14	79%	5.83
	Fall 2015	F2F	41	93%	5.52
	Fall 2014	F2F	40	65%	5.55
<b>CRED 7360   Adolescent Development (Truett Seminary)</b>					
	Fall 2023	F2F	3	67%	5.58
	Spring 2023	F2F	4	100%	5.33
	Fall 2022	F2F	6	83%	5.23
	Spring 2022	F2F	3	.	.
	Fall 2021	F2F	1	100%	6.00
<b>CFS 7380   Planning &amp; Administration (Truett Seminary)</b>					

	Fall 2022	Online	2	100%	6.00
	Spring 2022	Online	1	100%	6.00
<b>Overall Teaching Effectiveness</b>					<b>5.71 out of 6.00</b>

**Student Comments: 5 Comments from 5 Courses**

- Dr. Melton is very passionate about research and has extensive knowledge on the topic. She did a great job of introducing us to legitimate scientific research without pressuring us to make everything perfect. She effectively made the class a learning experience. (CFS 3204: Research Methods)
- Dr. Melton always makes class worth going to. She always came prepared, and she was always ready to answer any questions we had. I liked that she made it less of a lecture and more of a conversation between the class and her. She really showed that she not only wants us to do well in her class, but also once we leave Baylor. And having this class and her style really helped prepare me for what comes next after graduating. (CFS 4191: Professional Practices)
- Dr. Melton you are awesome! It is so great to go into a class where you, as the professor, are so interested in the topic and really want to teach your students. You are so knowledgeable about the topic it was great to hear you teach on this subject. It is great how you really try to involve us students by finding out what we are interested in and incorporating that into the class. The activities we did in class were creative and interesting. (CFS 4357: Policy & Advocacy)
- Dr. Melton is a very practical instructor, and I appreciate that all of the assignments in this course served a very specific purpose in helping us learn the process of program planning and grant writing. I thoroughly enjoy Dr. Melton’s teaching style—she is fun, relaxed, knowledgeable, and expects a lot from her students. (CFS 4358: Planning & Administration)
- I love Dr. Melton’s classes. They are a lot of work, but she makes learning exciting and is extremely engaging during class. She also forces her students to learn the material and apply it, instead of memorize it for a semester. The assignments and exams take a lot of time, but they work, so I guess I can’t complain about the workload. (CFS 4363: Adolescent Dev.)

**Mentorship**

**Faculty**

- Nick Frye, Assistant Professor of Child & Family Studies (2022-present)
- Mickey Langlais, Assistant Professor of Child & Family Studies (2023-present)
- Camilla Hodge, received tenure at BYU in Spring 2024 (2015-present)

**Thesis Committees**

*Graduate Students*

- Committee Member for Jane Zimmerman (2022). Dissertation Title: Personality moderates the relation between Inflexibility and Mental Health Symptoms as mediated to Retirement Losses in Former Competitors; Chair: Sarah A. Schnitker
- Committee Member for Christina Bridges (2021). Dissertation Title: PlayStreets influence on Physical Literacy; Chair: M. Renee Umstattd Meyer

- Committee Member for Haley Delgado in Public Health (2020). Thesis Title: Family-Engaged Physical Activity and Employment Background as a Model for Child Physical Activity Among Mexican-Heritage Families; Chair: M. Renee Umstattd Meyer
- Committee Member for Alicia Duval in Public Health (2017). Thesis Title: Evaluating the risk factors of dating violence among undergraduates attending a faith-based university Chair: Beth Lanning

#### *Undergrad Students*

- Chair, Amy Jones, Honor's College (2022-2024).
- Chair, Sydney Johns, Honor's College (2022-2024).
- Chair, Parker Westover, Honor's College (2022-2024).
- Committee Member, Emily Milton in Honor's College (2023). Title: Parents' Adaptation and Coping Strategies in the Diagnosis and Treatment of a Child with Cancer; Director: Ruthie Davis.
- Committee Member, Lucy Potts in Honor's College (2022). Title: Siblings Improve Adult Psychosocial Health Of Individuals Who Experienced Parental Divorce In Childhood; Director: Maria Boccia.
- Committee Member, Ashlin Gray in Honor's College (2020). Title: Building Trust Amidst Trauma: Trust-Based Relational Intervention (TBRI) and its Applicability to Unaccompanied Child Immigrants from the Northern Triangle; Director: Victor J. Hinojosa.
- Committee Member, Sarah Pitman in Honor's College (2017). Title: The Efficacy of Child Life Programming: Parent's and Sibling's Perspectives; Director: Joyce Nuner.

#### **Additional Research Mentorship**

*\* identifies students that are coauthors on scholarly works or FLE materials*

#### **Science of Virtues Lab (2021-present)**

In Fall 2021, I have become an active member and co-mentor in the Sciences of Virtues Lab at Baylor University. The SOV lab is overseen by Dr. Sarah Schnitker. SOV lab focuses on understanding mechanisms of virtue development, virtue and religious development, virtue development in sports, virtues, and technology, as well as other related topics. In this capacity, I have been able to work closely with the following students and post-docs:

- \*Elizabeth Bounds, PhD; JTF research project on Christian Study Centers (2022-2024); Attachment Styles & Oxytocin Release (2022)
- Emily Williams, MS, manuscript regarding the Youth Homelessness (2021)
- \*Juliette Ratchford, PhD, data collection on travel experiences (2021)
- Mason Ming, PhD, JTF research project on Christian Study Centers (2021)

#### **Other Graduate Students**

- \*Moji Shahvali at Penn State University-Recreation; Couple Leisure Measurement (2018)
- \*Maddie Larson at Baylor University-Psychology; Oxytocin Levels in Couple Leisure (2016-2017)
- \*Maria Leon at Texas A&M- Recreation; Juvenile Correctional Recreation Program (2015-2016)
- Michelle Marcovitz at Baylor University- Statistics; Family Leisure Categorical Variable (2015)

#### **Undergrad Research Assistants \*Presentation or Publication**

- Sydney Johns (2023-2024)
  - IRB
  - Literature Review- Engagement, Dance, PYD
  - Data Collection- Wearables- Immersion
  - Data Analysis
- Amy Jones (2023)
  - IRB

- Literature Review- Engagement, AfterSchool, PYD
  - Data Collection- Wearables- Immersion
  - Data Analysis
- Parker Westover (2023-2024)
  - Literature Review- Engagement
  - Data Collection- Wearables- Immersion
- Abi Price (2023)
  - Literature Review- Engagement, Youth Camps
  - Data Collection- Wearables- Immersion
- \*Suzy Lee (2022)- McNair Scholar
  - Couple Board Games, video transcription, coding
  - Cancer-Journey Mapping, focus group transcription, coding
- \*Tisa Berry (2020- 2021)
  - Adol Health Literacy, scoring
  - Family Activities & Communication from Parent & Adult Perception
  - Guatemala Mapping, data download
  - NCFR Student Grant recipient
- \*Kate McCaig (2020-2021)
  - Literature Review- Social Connection & Aging
  - Couple Board Games, Video Transcription
- \*Emily Lawrence (2020)
  - Literature Review-Social Connection & Aging
- Mariah Kelty (2020-2021)
  - Literature Review: Home Assessment
  - Couple Board Games, Video Transcription
- Calista Perez (2020)
  - Guatemala Mapping, data download
  - Student Engagement Scholar
- \*Marie Ament (2017-2019)
  - Intentional Family Interviews, Transcriptions, Coding
  - ENGAGE Program Evaluation, Data Entry
  - Adol Health Literacy, online survey development, scoring
- Elizabeth Rogers (2018)
  - Intentional Family, coding; online survey development
- Annie Wooliscroft (2018)
  - Intentional Family, coding
- \*Haley Fenn (2018)
  - Intentional Family, coding
- \*Jenna Erickson (2018)
  - Intentional Family, coding
- Beth Bender (2017)
  - Intentional Family Interview Transcriptions
- \*Jess McGrew- (2016-2018)
  - Adolescent Family Travel; Qualitative Data Analyses
  - NCFR Oxytocin Data Collection
- \*Grace Lee- (2016-2018)
  - Adolescent Identity & Travel Type; Qualitative Data Analyses
  - NCFR Oxytocin Data Collection
- Sarah Pitman (2016-2017)



- BIC Exit Interview
- NCFR Oxytocin Data Collection
- Lexi Nudelman (2016)
  - NCFR Oxytocin Data Collection
- Rebecca Williams (2015-2016)
  - Piper Center Longitudinal Database development

**High School Research Assistants** \*Presentation or Publication

- \*Hailey Hazel (2023)
  - Evaluation Report- Afterschool
  - Data Analysis
  - Data Collection- Wearables- Immersion

## HONORS

- Pure Gold-Researcher, Robbins College of Health & Human Sciences, 2023
- Research Fellow, Baylor BRIGHTS Center, 2023-present
- Nominated for Waco under 40, Waco Chamber of Commerce, 2023
- Affordable Course Materials Fellow, 2022
  - In AY2022-2023, this collective initiative from Baylor faculty saved students over \$100,000 in book fees in the first year.
- BaylorPLUS Salute, 2022
- Undergraduate Research Mentor of the Year for Professional Fields, Baylor University, 2018
- Nominated for Outstanding Tenure-Track Faculty, Baylor University, 2018
- BaylorPLUS Salute, 2018
- Rising Star, Baylor University, 2015
- Summer Faculty Institute Fellow, Baylor University, 2016
- Willie May Harris Fellowship, Texas A&M, 2013
- Vice Chancellor's Teaching Excellence Award, Texas A&M, 2013
- Teaching Academy Fellow, Texas A&M, 2012
- SLATE: Student Lead Award for Teaching Excellence, Texas A&M, 2010
- Bradberry Youth Development Scholarship, 2006- 2007, 2010- 2011, 2013-2014
- Peter A. Witt and Joyce I. Nies Graduate Youth Development Fellowship, 2011- 2013
- Rho Phi Lambda, National Honor Society, 2011
- Magna Cum Laude, 2006
- Phi Kappa Phi, National Honor Society, 2005
- Chi Alpha, National Honor Society, 2004
- Phi Etta Sigma, National Honor Society, 2003

## PROFESSIONAL DEVELOPMENT

### Skills, Certificates & Continuing Education

*Statistics & Research*

- Intensive Longitudinal Data (CenterStat, 2023)
- Item Response Theory (Baylor University, 2017)

- Structural Equation Modeling (TAMU, CenterStat)
- Multi-level Modeling (TAMU)
- CITI Protection of Human Research Subjects

#### *Evaluation*

- Program Quality Assessment (Weikart, 2023)

#### *Family Relations*

- Level 1 Training in Gottman Method Couples Therapy (Gottman Institute, 2021)
- Level 2 Training in Gottman Method Couples Therapy (Gottman Institute, 2021)

#### *Teaching*

- Affordable Course Materials (Baylor, 2022)
- Summer Faculty Institute (Baylor, 2016)
- Online Teaching Certificate (TAMU)
- Graduate Teaching Academy Certificate (TAMU)
- QPR (Suicide Prevention) (TAMU)

#### *Recreation & Outdoor*

- Certified Therapeutic Recreation Specialist (CTRS)
- Project WILD Instructor (TPWD)
- Lifeguard Instructor (Red Cross)
- Lifeguard (Red Cross)
- Challenge Course Practitioner Level 1
- Coronary Pulse Resuscitation (CPR) (Red Cross)
- Wilderness First Aid (WFA)
- First Aid
- Water Safety Instructor (WSI)

### **Professional Organization Affiliations & Conferences**

- National Council of Family Relations (NCFR)
- Texas Council of Family Relations (TxCFR)
- Society of Research on Adolescence (SRA)
- Society of Research on Child Development (SRCD)
- American Association of Family and Consumer Sciences (AAFCS)
- Healthy Teen Network
- Council on Undergraduate Research (CUR)
- National Council of Therapeutic Recreation (NCTR)
- The Academy for Leisure Science (TALS)
- National Parks and Recreation Association (NRPA)
- American Camp Association (ACA)
- 7x Experience Summit

## **SERVICE & ADMINISTRATION**

### **Grant Reviewer**

- National Science Foundation (2021, 2023)

### **Associate Editor**

- *Journal of Youth Development* (2023- present)
- *Journal of Leisure Research* (2020-2023)
- *Leisure Sciences* (2020-2023)

### **Ad-Hoc Reviewer**

- *Journal of Positive Psychology*
- *Journal of Marriage & Family*
- *Journal of Family Theory & Review*
- *Family Relations*
- *Children & Society*
- *Journal of Family Issues*
- *Children*
- *Adoption Quarterly*
- *Journal of Park and Recreation Administration*
- *Leisure Sciences*
- *Journal of Leisure Research*
- *Annals of Leisure Research*
- *Journal of Youth Development*
- *Schole*
- *Illuminaire*
- *American Camp Association*

### **Conference Planning**

- The Building Blocks of Tarbiyah (May 12-14, 2023). San Diego.
- Developing Character in College Communities (May 18-22, 2022). Chicago.

### **Curriculum Reviewer**

- Reviewer, Boy Scouts of America Cub Scouts Curriculum (2021)

### **University Administration**

- Director, Baylor-Compassion Initiative (2018-2020; Project under Vice-Provost Lori Baker)

### **University, College, Departmental, and Program Area Service**

- Committee Member, Child & Family Studies Program (2014-present)
  - Subcommittee: Student Experience (2022-present)
  - Subcommittee: Child Development Lab Courses (2023-present)
  - Leadership: Facilitated strategic planning (2020)
- Committee Member, Piper Advisory Committee (2023-present)
- Committee Member, Engaged Learning Committee (2023-present)
- White Papers for BU Strategic Planning (2023)
  - Faculty well-being across Baylor: Supporting spiritual, mental, emotional, and overall well-being in light of recent changes and future growth
  - An Expansive Vision of Human Thriving Research and Practice
- Committee Member, Hiring Committee for Child & Family Studies—TT (2022-2023)
- Committee Member, Hiring Committee for Child & Family Studies—TT (2021-2022)
- Committee Member, Hiring Committee for Child & Family Studies—Clinical (2021-2022)
- Committee Member, Hiring Committee for Public Health—TT (2021-2022)
- Committee Member, Hiring Committee for Public Health—TT (2021-2022)

- Committee Member, Council on Global Engagement (2019-2023)
  - Subcommittee: Hiring for Study Abroad—Maastricht (2023)
  - Subcommittee: Hiring for Study Abroad—St. Andrews (2023)
- Committee Member, Marketing for Human Sciences & Design (2020- 2023)
- Advisor, Pursue—Baylor Student Organization (2018-2020)
- Committee Member, Tenure Policy for Human Sciences & Design (2020)
- Committee Member, Hiring Committee for Child & Family Studies—Clinical (2019-2020)
- Committee Member, Hiring Committee for Public Health—TT (2019-2020)
- Chair, HSD Student Showcase & Digital Portfolio (2017- 2019)
- Co-sponsor, RPTS Quiz Bowl (2011)
- Coordinator, Youth Development Seminar (2011)
- Coordinator, Youth Development Social (2011)

## PROFESSIONAL CONSULTING

### Organization Consulting & Mentorship

- Family & Youth Institute (2022-2025)
  - Community of Practice- Virtual
  - Youth Councils/ Youth Voice
- Mentoring Alliance (2022-2023)
  - Research Partnerships
  - Evaluation
- Sacred Ordinary (2022-2023)
  - Hybrid Organization
  - Structuring a Board of Directors
  - Grantsmanship
- Foster Village (2019)
  - Board Member
  - Strategic Planning
  - SWOT Analysis
  - Board of Directors Evaluation
- Buckner International (2017-2018)
  - Evaluation of Engage: Positive Parenting Initiative
- CASA: Court Appointed Special Advocates (2013-2015)
  - Board Member
  - Strategic Planning
  - SWOT Analysis
  - Board of Directors Evaluation

\* SEE PROFESSIONAL PRESENTATIONS & WORKSHOPS IN PRESENTATION SECTION

## COMMUNITY SERVICE

2013-present

Waco Foster/Adoption Family Support

- Families & Foster Care Coalition, Heart of Texas (2021- present)

- *MCH Outreach* (2020- present)
- *Embrace- Campout Planning* (2020- present)
- *Foster/Adoptive Family* (2019-present)
- *Foster Village, Board Member* (2019-2020)
- *Highland Baptist-Foster/Adoption Ministry Support Group Training & Campout Planning* (2018- 2020)
- *Court Appointed Advocate Specialist (CASA); Board Member, Secretary, Chair of Organization Development* (2013-2016)

2023	American Heritage Girls, Adult Sponsor
2023	First Woodway, Children's Camp-Camp Counselor
2020-2023	First Woodway, Substitute Teacher for Children's Ministry
2017-present	N&W Foundation, Trustee
2015-present	Intentional Family Project, development and implementation of family life education
2015-2020	DaySpring Baptist Church; Extended Care; Family Retreat/Camp Planning; Foster Care-Aging Out Program
2008-2015	Columbus Avenue Baptist Church; Mission Committee, Young Adult Small Group Director, VBS Volunteer, Host Home for D-Now (6yrs), Small Group Coordinator, UpWard Referee, 7 <sup>th</sup> grade Sunday School
2010	Toys for Tots, packaging and distribution of toys to families
2011	City of Bryan, TX, Youth Services Coordinator Consultant Project
2009	Fellowship of Christian Athletes as host home for Victory Bowl
2008	Campfire USA, Youth Program
2006-2007	United Way Youth Cabinet, volunteer
2006-2007	Highway 21 migrant ministry, children's teacher
2007	America's Promise Youth Summit, volunteer
2005-2006	Young Life, leader
2005	Easter Seals Camp, outdoor adventure camp for physically disabled
2004-2005	Dayspring Baptist Church; Homeless Ministry; Youth group volunteer: teaching 10 <sup>th</sup> grade Sunday school, 9 <sup>th</sup> grade Bible Study, D-Now programming
2004	Dixie Games, Paralympics volunteer
2004	Lakeshore Foundation Outdoor, outdoor adventure camp for physically disabled
2003	Adventure Skill's Workshop, an outdoor adventure camp for physically disabled

## MEDIA HIGHLIGHTS

### News Articles

- *Baptist Standard*, How to plan family quality time during a pandemic, March 20, 2020
- *GQ*, This Date Night Box Might Save Your Relationship. Couples who slay metaphorical dragons together stay together, Sept. 3, 2019
- *Inverse*, Date Night? Scientist Settle on 3 Activities to Turn Up the Romance, June 2019
- *Centennial*, Creativity for Life: From kids to elders and everyone in between imagination matters, May 2019
- *BottomLine*, Painting Class can be Sexy, May 1, 2019
- *Essential Kids*, Not just child's play: could board games be the answer to winning at love?, April 21, 2019
- *Pourquoi Docteur*, Couple: prendre des cours de peinture ou jouer à des jeux de société libère l'hormone de l'amour, Feb. 22, 2019
- *Psych Central*, Painting and Playing Board Games Releases Oxytocin, Feb. 21, 2019

- *Mundiaro*, Este pasatiempo inesperado acerca más a las parejas, Feb. 21, 2019
- *MSN*, La actividad que te acerca más a tu pareja, Feb. 21, 2019
- *Muy Interesante*, Jugar juegos de mesa puede mejorar tu vida amorosa, Feb. 18, 2019
- *Millenium Post*, Couples creating art together release more 'love hormone,' Feb. 17, 2019
- *MindBodyGreen*, The Unexpected Hobby That Brings Couples Closer Together, Feb. 17, 2019
- *News.am*, Spice up your date nights by playing board games, study suggests, Feb. 16, 2019
- *Viet Bao*, Trò chơi giúp "chuyện ấy" thăng hoa hơn, Feb. 15, 2019
- *MSN*, Annulez vos plans pour la Saint-Valentin ! Jouez plutôt à un jeu de plateau !, Feb. 14, 2019
- *Times of India*, Secret to a happy & loving relationship: Take art classes, play board games, Feb. 14, 2019
- *Times LIVE*, Art classes, Feb. 14, 2019
- *MarketWatch*, How men can charm women with an intimate date (without breaking the bank), Feb. 14, 2019
- *Time*, This Type of Date Night Activity Could Make You Feel Closer to Your Partner, Feb. 14, 2019
- *Bustle*, Couples Release "The Love Hormone" When Creating Art Or Playing Board Games, Study Finds, Feb. 13, 2019
- *The Asian Age*, Make art for quality couple time, Feb. 13, 2019
- *The Indian Express*, Couples creating art or playing board games release more 'love hormone': Study, Feb. 13, 2019
- *Deccan Chronicle*, Make art for quality couple time, Feb. 13, 2019
- *New Kerala*, Valentine's Day 2019: Couples creating art or playing board games release 'love hormone,' Feb. 13, 2019
- *The Hindustan Times*, Valentine's Day 2019: Couples creating art or playing board games release 'love hormone' | sex and relationships, Feb. 13, 2019
- *ANI News*, Valentine's Day 2019: Couples creating art or playing board games release 'love hormone,' Feb. 13, 2019
- *The Freepress Journal*, Couples creating art or playing board games release more 'love hormone': Study, Feb. 13, 2019
- *Business Standard*, Couples creating art or playing board games release more 'love hormone': Study, Feb. 13, 2019
- *Medindia*, Creating Art of Playing Board Games Release "Love Hormones," Feb. 13, 2019
- *Daily Mail*, Spice up your date nights by playing board games: Sharing activities releases the 'love hormone,' study suggests, Feb. 13, 2019
- *Inverse*, Scientists Think You Should Get Out of the House This Valentine's Day, Feb. 13, 2019
- *Inverse*, Scientists Identify 2 Date Activities That May Boost Romantic Relationships, Feb. 13, 2019
- *Yahoo! Lifestyle*, Art classes and board game nights could help bring couples closer says new study, Feb. 13, 2019
- *MedicalXpress*, Couples creating art or playing board games release 'love hormone,' Feb. 12, 2019
- *Newswise*, Couples Creating Art of Playing Board Games Release 'Love Hormone' – but the Men Painters Release Most, Feb. 12, 2019
- *EurekAlert!*, Couples creating art or playing board games release 'love hormone,' Feb. 12, 2019
- *Health Medicine Network*, Couples creating art or playing board games release 'love hormone,' Feb. 12, 2019
- *Neuroscience News*, Couples Creating Art Release Oxytocin, But Men Who Paint Release the Most, Feb. 12, 2019
- *SCIENMAG (Science Magazine)*, Couples Creating Art Or Playing Board Games Release 'Love Hormone,' Feb. 12, 2019
- *MindBodyGreen*, The Unexpected Hobby That Brings Couples Closer Together, Feb. 17, 2019
- *US News & World Report*, Can Teen Drivers Be Scared Into Safe Driving? Sept. 10, 2018
- *HealthDay*, Can Teen Drivers Be Scared Into Safe Driving? Sept. 10, 2018
- *Insurance Journal*, Visits to Intensive Care Unit and Morgue May Boost Teens' Driver Education, Sept. 6, 2018
- *News Medical Life Sciences*, Supplemental drivers' education program helps teens to drive responsibly and defensively, Sept. 6, 2018
- *Science Daily*, 'Reality' driver's ed increases teens' awareness of outcomes of risky driving, Sept. 5, 2018
- *MDLinx*, Reality driver's ed increases teens' awareness of the outcomes of risky driving, Sept. 5, 2018

- *MedicalXpress.com*, 'Reality' driver's ed increases teens' awareness of outcomes of risky driving, Sept. 5, 2018
- *Farmer's Almanac 2018*, Trends for 2018
- *Business Insider Australia*, 7 science-backed ways to be a happier person, Mar 16, 2017
- *EmasHealth*, Family leisure at home—natural remedy for family happiness, Oct 11, 2016
- *Time*, The Key to Family Happiness Is Really Simple, Oct 11, 2016
- *The Siasat Daily*, Leisure Time At Home Vital to Cement Family Bonds, Oct 9, 2016
- *Med India Network for Health*, Leisure Time at Home Helps Strengthen Family Bonds October 7, 2016
- *Health Medicine Network*, pleasant family leisure at home may satisfy families more than fun together elsewhere, study finds, Oct 7, 2016
- *The Economic Times*, Want to strengthen family bonds? Spend quality time at home, Oct 7, 2016
- *ZEENEWS.com*, Here's how you can cement family bonds, Oct 7, 2016
- *The Indian Express*, Leisure time at home vital to cement family bonds, Oct 6, 2016
- *Ne Kerala*, Leisure time at home vital to cement family bonds, oct 6, 2016
- *Big News Network*, Leisure time at home vital to cement family bonds, Oct 6, 2016
- *Yahoo! News India*, Leisure time at home vital to cement family bonds, Oct 6, 2016
- *CanIndia*, Leisure time at home vital to cement family bonds, Oct 6, 2016
- *Pysch Central*, Leisure Time At home May Be Best path to Happy Family Oct 6, 2016
- *Business standard*, Leisure time at home vital to cement family bonds, Oct 6, 2016
- *Daily Mail*, News story from daily Mail, Oct 5, 2016
- *Phys.org*, Pleasant family leisure at home may satisfy families more than fun together elsewhere, Oct 05, 2016
- *Science Daily*, pleasant family leisure at home may satisfy families more than fun together elsewhere, study finds, Oct 5, 2016
- *EurekAlert!*, Pleasant family leisure at home may satisfy families more than fun together elsewhere, Oct 5, 2016
- *Business Insider*, 9 science - backed ways to be a happier person, Sep, 29, 2016
- *Working Mother*, Surprising News about family experience and what makes us happiest, Oct 11, 2016
- *Real Simple*, Hanging Out at Home May Be the Key to Family Happiness, Oct 11, 2016
- *Brief Report*, Want a Happy Family? Abandon the holiday plans and stay at home, researchers say, Oct 12, 2016
- *Steam*, Family Vacations in unfamiliar places can be stressful for some, Oct 11, 2016

## Blogs

- *All Things Leisure*, Engaging in Family Leisure during a New Normal, May 25, 2020
- *Health eNews*, Want to improve your love life?, March 11, 2019
- *World of Psychology*, Painting and Playing Board Games Releases Oxytocin, Feb. 21, 2019
- *Big Think*, Men who paint release twice as much "love hormone," Feb. 14, 2019
- *Big Think*, Researchers find how to add more "love hormone" to your relationships, Feb 14, 2019
- *The Sciku Project*, Couple Affection, Feb. 14, 2019
- *Neuroscience RSS Feeds - Neuroscience News Updates*, Couples Creating Art Release Oxytocin, But Men Who Paint Release the Most, Feb. 12, 2019
- *ScienceBlog.com*, Couples Creating Art or Playing Board Games Release 'Love Hormone' - Men who Paint Release Most, Feb. 12, 2019
- *Brain Blogger*, The Science of a Happy Family Leisure Time, October 12, 2016

## Podcast/Radio

- *CXMH*, Balancing Working from Home with Intentional Family Time, April 13, 2020
- *iHeartMedia*, Couples Who Create Art or Play Games Together Release 'Love Hormone,' Feb. 13, 2019
- *Iowa Public Radio-Talk of Iowa*, Family Vacations, June 15, 2017

- *Buckshot*, The Key to a Happy Family with Dr. Karen Melton, Oct 14, 2016
- *RMF 24*, Spend Time with your family at home..., Oct 7, 2016

## Twitter

- @MatterLeisure, In the pursuit of #happiness all #family leisure in not equal, Jul 6, 2022
- @WorldLeisureJ, In the pursuit of #happiness all #family leisure in not equal, Jun 10, 2022; June 12, 2022
- @BjoernJagnow, Art Classes, Board Games, & Oxytocin, Feb. 13, 2019
- @WorldLeisureJ, In pursuit of #happiness October 21, 2016
- Liz Schiller, UK finding, Oct 13, 2016
- Mandy Stanley, In pursuit of happiness Oct 12, 2016
- Timothy Caulfield, In pursuit of happiness, Oct 12, 2016
- The Vanier Institute, Pleasant family leisure at home, Oct 12, 2016

## Video

- *Today Show*, Date Night To Do, March 18, 2019
- *WEWS-TV (Cleveland, OH)*, Board Games Lead to More Couple Interaction, Feb. 14, 2019
- *WTTV-TV (Indianapolis, IN/CBS)*, Oxytocin Research: Painting, playing board games, Feb. 13, 2019
- *ABC affiliates 28+(e.g., KXXV-TV, KWTX-TV, etc)*, Can teen drivers be scared into safe driving, September 11, 2018
- *Good Morning America*, Staying Home the Key to Happiness, Oct 6, 2016